47(2) PPSD 2·1

2014

PERSONALITY AND PERSONAL SKILL DEVELOPMENT

Paper: 2.1

Full Marks: 80

Time: Three hours

The figures in the margin indicate full marks for the questions.

1. Answer the following:

 $1 \times 10 = 10$

- (A) State True or False
 - (i) Positive synergy is an essential characteristic of groups.
 - (ii) External factors affecting personal effectiveness are uncontrollable factors like heredity, natural calamity etc.
 - (iii) Statutory meetings are held annually among Board of Directors.
 - (iv) Product is the main focus of customer orientation.

Contd.

- (v) Balance theory of group formation was propounded by Theodore Newcomb.
- (B) Fill in the blanks:
 - (vi) can be defined as a systematic process by which one decides his or her career goals and the path to reach these goals. (Career / Career Planning)
 - on one project for a long time uninterruptedly. (Judging personalities / Introvert personalities)
 - (viii) is termed as positive stress. (Eustress / Distress)
 - (ix) The term hygiene is derived from the Greek word (hygienos / hygienus)
 - (x) Compliance with the wishes of others every time is termed asbehaviour. (Passive /Assertive)
- 2. Answer the following: (any five) $2 \times 5 = 10$
 - (i) What is personality?
 - (ii) What is assertiveness?

- (iii) Write two important attributes of Emotional Intelligence.
- (iv) State any two differences between sales orientation and customer orientation.
- (v) State any two ways of enhancing personal effectiveness.
- (vi) Mention any two telephone etiquettes.
- Answer the following: (any four) $5\times4=20$
 - (i) Explain the various skills required for Cooperative Interpersonal Behaviour.
 - (ii) Explain the various determinants of personality.
 - (iii) Explain Maslow's Need Hierarchy Theory of Motivation.
 - (iv) Explain the levels of self awareness with the help of Johari Window. Support your answer with a suitable diagram.
 - (v) Differentiate between teams and groups.
 - (vi) Briefly discuss any three positive and negative body language gestures with interpretations.

- 4. Answer the following: (any five)
 - (i) Define stress. Discuss the causes of stress among employees. 2+6=8
 - (ii) Define business meetings. Discuss the various types of business meetings. 2+6=8
 - (iii) Discuss the various stages of group formation. Mention any two advantages of working in groups.

 6+2=8
 - (iv) What is career planning? Explain the various career development stages with the help of a diagram. 2+6=8
 - (v) What is sick personality? Explain the various causes of personality sickness. 2+6=8
 - (vi) Write short notes on: 4+4=8
 - (a) Time Management
 - (b) Self-Esteem
 - (vii) Discuss the requisite qualities of a good salesman.