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The Assam Royal Global University, Guwahati

Royal School of Behavioral & Allied Sciences
M.A Psychology/ Clinical Psychology, 4th Semester

Semester End Examination, June 2023

Course Title: Child & Youth Counselling

Course Code: PSY064D404/CPY064D404

Time: 3 Hours

Maximum Marks: 70

Note: Attempt all questions as per instructions given.

The figures in the right-hand margin indicate marks.

Section – A

1. Attempt all questions. (Maximum word limit 50) 2 x 8
- Distinguish between growth and development.
 - What is therapeutic relationship?
 - State the advantages of play therapy.
 - How is storytelling used as a therapeutic activity?
 - State the stages of grieving.
 - What are words of affirmation?
 - What causes low self-esteem in children?
 - Mention the different types of bullying.

Section – B

2. Attempt any one of the following: 12 x 1
- Describe the characteristics of various attachment styles.
 - Describe the developmental changes during childhood.
3. Attempt any two of the following: 7 x 2
- Explain the essential skills for dealing with older children.
 - Analyze the various techniques of play therapy.
 - Describe the effectiveness of group work in dealing with adolescents.
4. Attempt any two of the following: 7 x 2
- Describe some strategies for dealing with clients who have suicidal thoughts.
 - Elaborate the impact of separation on a child.
 - How will you deal with a child who has a history of sexual abuse?
5. Attempt any two of the following: 7 x 2
- Explain the impact of cyber bullying.
 - Discuss the importance of self-esteem in child development.
 - Analyze the various types of peer pressure. Suggest ways to deal with peer pressure.